

SPD DEFINED

The term *Sensory processing* (sometimes called "sensory integration" or SI) refers to the way the nervous system receives messages from the senses and turns them into appropriate motor and behavioral responses...

Sensory Processing Disorder (SPD, formerly known as "sensory integration dysfunction") is a condition that exists when sensory signals *don't* get organized into appropriate responses. Pioneering occupational therapist and neuroscientist A. Jean Ayres, PhD, likened SPD to a neurological "traffic jam" that prevents certain parts of the brain from receiving the information needed to interpret sensory information correctly. A person with SPD finds it difficult to process and act upon information received through the senses, which creates challenges in performing countless everyday tasks. Motor clumsiness, behavioral problems, anxiety, depression, school failure, and other impacts may result if the disorder is not treated effectively.

Symptoms of Sensory Processing Disorder, like those of most disorders, occur within a broad spectrum of severity. While most of us have occasional difficulties processing sensory information, for children and adults with SPD, these difficulties are *chronic*, and they *disrupt* everyday life. Research by the SPD Foundation indicates that 1 in 20 children experience such symptoms.

-Taken from www.spdfoundation.net, 2013

CNY SPD PARENT CONNECTIONS

A SUPPORT GROUP FOR PARENTS OF
CHILDREN WITH
SENSORY PROCESSING CHALLENGES

*Like us on Facebook:
CNY SPD Parent-Connections*

*Alone we can do so little;
together we can do so much.
-Helen Keller*

CNY SPD PARENT CONNECTIONS

About CNY SPD Parent Connections

- Established in 2009 by Caryn Daher and another parent hoping reach out to other parents of children with sensory challenges, and provide support that was lacking in our community at the time.
- We provide compassionate support to parents and families in our area whose children are impacted by sensory processing difficulties, regardless of their specific diagnosis.
- We are dedicated to raising awareness and promoting advocacy for the recognition of SPD in our area and beyond.

Please note:

Local support groups are run by parents and they are encouraged to share their personal experiences related to sensory processing challenges. All comments or advice are that of parents and not recommendations. The advice of medical professionals should always be sought for diagnosis and treatment.

EVENTS

*Please visit our website or Facebook page for specific dates and the most recent information.

Sensory Friendly Time at the MOST*!

*Usually held the
3rd Saturday of every month,
from 5:30 – 7:30pm.
Please see www.most.org to confirm
dates.*

For this event, many exhibits are adjusted so they are more comfortable for those with sensory processing difficulties. These adjustments include softening loud noises, eliminating flashing lights, silencing the air compressors that control some of the exhibits, and offering "quiet" areas.

Standard admission prices will apply.

Presented by Syracuse's Museum of Science and Technology (MOST) and CNY SPD Parent-Connections!

Monthly Meetings

*Usually held the
3rd Thursday of every month,
from 7 – 9pm.*

Meeting topics vary each month, but have included open discussions and presentations by speech pathologists, OTs, psychologists and other respected professionals.

CONTACT US!

Please join our facebook page, CNY SPD PARENT-CONNECTIONS for support and event information. Occasionally, members will post other local sensory friendly events not hosted by CNY SPD Parent-Connections.

As always, feel free to contact our Parent Hosts, Caryn Daher and Jeanine Werth at cnyspdparents@gmail.com.